Welcome Camp Bucks families!

Every summer has a story and we can’t wait to help your child write theirs! Our staff will help your child foster personal growth and lifelong friendships.

Next week we will celebrate our Welcome to the West theme; read more on page 3!

We appreciate your patience during drop off and pick up. Please allow at least 20 minutes for this time. We have expanded our drop off window to be 8:30-9:15 AM and our pick up window to be 3:30-4:15 PM. Please remain in your car to help speed up the process and ensure the safety of all.

Here for you,
Taylor Jermyn
Director of Youth Development
Kaitlyn Stevens
Associate Director of Ability & Camp

Welcome to the West Week
July 24-28

Camp Bucks News Guide
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Mark Your Calendar
Tuesday: Patriotic Dress Up Day
Friday: Gold Rush and Group Color Dress Up Day: Frogs, Cubs, Wolves, Tigers, Lions, Eagles
Sports/Specialty: Tie Dye

Questions, comments, concerns?
Contact us at 215.348.8132 x1160 or doylestowncamp@ymcabhc.org
Parent reminders
● Please label all belongings clearly with camper’s name
● Camper’s backpack should include:
  ○ Lunch (for full day campers only)
    ■ Lunches requiring a cooler setting may be placed in a hard, washable cooler with an ice pack to keep cool
    ■ Lunches should not require reheating at camp
  ○ Two snacks (for all campers)
  ○ Sunscreen
  ○ Reusable water bottle
  ○ Adventure campers must also pack a swimsuit and towel
● Wear closed toe shoes and comfortable clothing to camp
● No toys, stuffed animals, or electronics permitted at camp
● All medication must be signed in at drop-off with camp leadership
● At pick up, for the safety of your child, a photo I.D. is required everyday to sign out your camper
● Be sure to join our private Facebook group and follow us on Instagram for updates.
● All medication must be signed in at drop-off with camp leadership.
  The PA Medication Log form (found here) must be completed, signed, and authorized. This form is required for both daily and rescue medications.
  ○ A daily dose of medication must be signed in with camp leadership each morning.
  ○ The medication must be in its original container.
  ○ The empty container must be signed back out at the end of the day.
  ○ We cannot and will not store multiple days worth of medication. Daily medications will be stored in a lock box and administered per the instructions on the medication log form by camp leadership staff only.
  ○ Emergency/rescue medications will travel WITH the child throughout camp so they are present to be administered in the event of an emergency.

Welcome to the West events
● **Tuesday,** Patriotic Dress Up Day
● **Friday,** Gold Rush and Group Color Dress Up Day: Frogs, Cubs, Wolves, Tigers, Lions, Eagles
Sports/Specialty: Tie Dye

Text message alerts
Please complete this form to sign up to receive text messages from your Camp Bucks team including weekly hotsheets, weather-related updates, and camp reminders. By completing this form, you are providing consent for YMCA of Bucks and Hunterdon Counties to send text messages to your phone.

Financial assistance
If you have been granted financial assistance, please be sure to bring your financial assistance contract in to have the assistance applied to your camp registrations. If you registered for camp before applying for financial assistance, please make sure that you have brought in your contract to our Welcome Center to have your assistance applied. Please contact Catherine at crefice@ymcabhc.org with any questions.
Adventure Camp
Welcome to the West
July 24-28

Our theme this week is Welcome to the West. Each day, campers will celebrate this theme through games, activities, sports, and crafts. On Tuesday, our dress up day is Patriotic Day. The week will end with Gold Rush and Group Color Dress Up Day!

Conversation starters
Hear in your child’s words how their week at camp is going with these fun conversation starters!

Tell me about your friends in your group.
Talk to me about your favorite part of the camp day?
How did you celebrate Welcome to the West week today?

It's not too early to start thinking about back to school!
On behalf of our partner Bucks County Government we're sharing their flyers in English and Spanish with information about no-cost vaccinations for eligible students. Details can be found here.
**Test, Mark and Protect (Swim Assessment)**

**RED BAND**
- Ask the child if they are comfortable getting into the water on their own
  - No - child must wear life jacket and red band
  - Yes - continue with test
- Ask the child to submerge their face in the water, then float on their back, roll over, float on front, then roll onto their back.
  - No - child must wear life jacket and red band
  - Yes - Continue with test
- Ask the child to swim front crawl (face in the water, and arms overhead, half the length of the pool)
  - No - child must wear life jacket and red band
  - Yes - continue with test

**YELLOW BAND**
- Ask the child to then roll over and swim on their back to the deep end (elementary or back crawl is acceptable)
  - No - Child must return to the shallow end of the pool, and gets a yellow band
  - Yes - Continue with test
- Ask the child to jump in and recover, then tread water for one minute
  - No - Child must return to the shallow end, and get a yellow band
  - Yes - Shallow water test is complete and can move to the deep water test

**GREEN BAND**
- A child receives a green band with completion of the following skills
  - Getting into the pool without assistance
  - Ability to submerge, resurface and float for at least 10 seconds without assistance
  - Swimming front crawl for a full length of the pool
  - Rolling onto their back and swimming a full length of the pool
  - Treading water for one minute

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**Adventure Camp Families**

Swimming is one of the highlights of a camper’s day. At the beginning of each session campers receive a swim assessment. Safety is key! Our counselors, as well as our lifeguards, work together to protect our campers.

Each weekly, families will receive an email communication indicating which swimming ability (band color) their camper is.

**Morning Swim:** Frogs, Lions, Eagles

**Afternoon Swim:** Tigers, Cubs, Wolves
This week’s Adventure Camp

**JR. ADVENTURE (FROGS)**
- Drop off will be at Green Zone and pick up will be at Green Zone (see page 10).
- Frogs will swim in the morning. Please send your child with their swimsuit under their clothes.

**CUBS**
- Drop off will be at Purple Zone and pick up will be at Purple Zone (see page 10).

**WOLVES**
- Drop off will be at Purple Zone and pick up will be at Purple Zone (see page 10).

**TIGERS**
- Drop off will be at Purple Zone and pick up will be at Purple Zone (see page 10).

**LIONS**
- Drop off will be at Purple Zone and pick up will be at Purple Zone (see page 10).

**EAGLES**
- Drop off will be at Purple Zone and pick up will be at Purple Zone (see page 10).

**ABILITY CAMP (K-7)**
- Drop off locations will be in alignment with their morning camp registration, and pick up will be at Blue Zone (see page 10).

**LITs & CITs**
- Drop off will be at Green Zone and pick up will be at Blue Zone (see page 10).

All AM Only pick up will be at Purple Zone. All PM only drop off will be at Green Zone (see page 710).

**Blue Zone Pick Up** use staff parking lot entrance off of LOWER STATE ROAD (see page 10).

Campers will not need a lunch if they are only doing half day camp. Please pack 1-2 snacks for your half day campers.

For the safety of your child, a photo I.D. is required everyday to sign out your camper at pick up.
Specialty and Sports camps

AQUA BUCKS SWIM (AM)
Campers will learn proper swimming technique and safety measures while being in the water and will grow through lessons and fun games.
- Please bring a bathing suit, a towel, any eye wear or swimwear, and a change of clothes for after swim.
- Drop off will be at Blue Zone and pick up will be at Purple Zone (see page 10).

ARCHERY (PM)
Campers will learn the basics of archery along with key definitions to help them understand archery and will grow in their knowledge and skill through fun games while still practicing archery.
- Drop off will be at Green Zone and pick up will be at Purple Zone (see page 10).

CAMPERS CREATE (AM)
Campers will create different a variety of art projects throughout the week & collaborate on a project together.
- Drop off will be at Blue Zone and pick up will be at Purple Zone (see page 10).
- The Art Showcase will be Friday at 11:00 AM in the Teen Center.

CAMP CHEFS (AM & PM)
Campers will learn the basics of cooking and specific recipes for food throughout the week.
- AM Only drop off will be at Blue Zone and pick up will be at Purple Zone (see page 10).
- PM Only drop off will be at Green Zone and pick up will be at Purple Zone (see page 10).

Blue Zone Drop Off use staff parking lot entrance off of LOWER STATE ROAD.

Please also bring everything listed on page 2 of the hot sheet. Campers will not need a lunch if they are only doing half day camp. Please pack 1-2 snacks for your half day campers.

For the safety of your child, a photo I.D. is required everyday to sign out your camper at pick up.
Specialty and Sports camps

**DANCE (PM)**
Campers will learn a ballet routine throughout the week. They will spend part of their day practicing their end of the week dance while also learning other dance techniques.
- Drop off will be at **Green Zone** and pick up will be at **Purple Zone** (see page 8).
- The Dance Performance will be Friday at 3 PM in Studio 1 and will last approximately 10 minutes.

**FUTURE BUILDERS (AM)**
Campers will learn about different types of energy, problem solving, structures, astronomy, natural resources and different ecosystems.
- Drop off will be at **Blue Zone** and pick up will be at **Purple Zone** (see page 8).

**Y S.T.E.M. (PM)**
Campers will focus on different topics within STEM such as chemistry, scientific discovery, and technology. Campers will participate in different activities to facilitate scientific discovery and learn about different types of energy.
- Drop off and pick up will be at **Purple Zone** (see page 8).

**CHEERLEADING (AM)**
Campers will learn the basics of cheerleading while also learning a routine that they will perform to parents on Friday. Campers will go through tumbling, stunting, jumping, dance and chant and all aspects will be taught and incorporated in the performance.
- Drop off will be at **Blue Zone** and pick up will be at **Purple Zone** (see page 8).
- The Cheer Performance will be Friday at 11:00 AM in Gym A, and will last approximately 5 minutes.

**Blue Zone Drop Off** use staff parking lot entrance off of LOWER STATE ROAD.

Please also bring everything listed on page 2 of the hotsheet. Campers will not need a lunch if they are only doing half day camp. Please pack 1-2 snacks for your half day campers.

For the safety of your child, a photo I.D. is required everyday to sign out your camper at pick up.
Specialty and Sports camps

KIDS TRI CAMP (AM)
Campers will spend the week learning the basics of a triathlon including swimming, running and biking. The week will conclude with a time trial in each event.
- Drop off will be at Blue Zone and pick up will be at Purple Zone (see page 10).
- Please bring a swimsuit, towel, goggles, bicycle, helmet, and running shoes each day.

NFL FLAG FOOTBALL (AM)
Campers will practice the skills needed to play football and learn the rules and proper techniques to be successful. Campers will spend time working on drills and playing games.
- Please bring a mouth guard, cleats, and an extra pair of shoes in case there is inclement weather and we need to move inside.
- Drop off and pick up will be at Doyle Elementary School (see page 11).
- Any campers also participating in an afternoon camp will walk back to the YMCA with their counselors and transition to their PM camp.

OBSTACLE NINJA (PM)
Campers will go through a set of trainings to improve their agility and will practice the obstacle course throughout the week in anticipation of their final test on Friday. Campers will also play games that encourage quickness and mobility.
- Drop off will be at Green Zone and pick up will be at Purple Zone (see page 10).

Blue Zone Drop Off use staff parking lot entrance off of LOWER STATE ROAD.

Please also bring everything listed on page 2 of the hotsheet. Campers will not need a lunch if they are only doing half day camp. Please pack 1-2 snacks for your half day campers.

For the safety of your child, a photo I.D. is required everyday to sign out your camper at pick up.
Specialty and Sports camps

SKATE & SCOOTER (AM & PM)
Campers will learn how to skate or scooter. For new skaters, the counselors will work on the basics to help them grow and enjoy skating. For more experienced skaters, the counselors will challenge them to learn new tricks.
- Please bring a skateboard or scooter, a helmet, and any knee or elbow guards if needed.
- AM Only drop off will be at Skatepark and pick up will be at Purple Zone (see page 9).
- PM Only drop off will be at Green Zone and pick up will be at Purple Zone (see page 9).

SPORTS FRENZY (PM)
Campers will go through a variety of individual and team sports to learn how to play independently and with teammates.
- Drop off will be at Green Zone and pick up will be at Purple Zone (see page 9).

ESPORTS (AM & PM)
Campers will participate in gaming and educational programs to enrich their ability to communicate, socialize, learn, and understand the various occupational outlets that gaming and ESports have to offer.
- AM Only drop off will be at Blue Zone and pick up will be at Purple Zone (see page 9).
- PM Only drop off and pick up will be at Green Zone (see page 9).

Blue Zone Drop Off use staff parking lot entrance off of LOWER STATE ROAD.

Please also bring everything listed on page 2 of the hotsheet. Campers will not need a lunch if they are only doing half day camp. Please pack 1-2 snacks for your half day campers.

For the safety of your child, a photo I.D. is required everyday to sign out your camper at pick up.
Curbside drop off and pick up locations

Drop off and pick up procedures
- Drop off and pick up of campers will take place curbside. Follow cones/arrows to drop off and pickup location and remain in vehicle.
- If a parent/guardian will be arriving outside of the designated hours, they will need to contact the site via phone and wait at curbside for a staff member to complete the required health assessment.

Drop off and pick up times
- Early care runs from 7-8:30 AM
- AM only & full day drop off is 8:30-9:15 AM
- AM only pick up is 12-12:15 PM
- PM only drop off is 12:15-12:45 PM
- PM only & full day pickup is 3:30-4:15 PM
- Late care runs from 4:15-6 PM

Early care drop off and late care pick up will be at the Pavilion.
Drop off and pick up procedures

- Drop off and pickup of campers will take place curbside.
- Follow cones/arrows to drop off and pickup location and remain in vehicle.
- If a parent/guardian will be arriving outside of the designated hours, they will need to contact the site via phone and wait at curbside for a staff member.
Meet your Camp Leadership Team
Meet Riley
Riley Ferrara is enjoying her 5th summer as a camp staff member at the Y’s Deer Path branch in Hunterdon County. This summer, Riley has taken on a new role as Administrative Intern and Health Coordinator. Riley received her “Professional Rescue Certification” through the Y and administers first aid for minor injuries like bee stings, bug bites and scraped knees.

Riley is a part of a set of quadruplets and, prior to this year, she and her 3 siblings all worked at the Y’s Deer Path camp (3 of 4 are pictured, Riley is on the left). Riley will be finishing her final semester at Delaware Valley University this fall, where she will earn a degree in business administration with a focus on sports management.

Kristin Heimall, VP of Operations for the Y’s Hunterdon region speaks highly of Riley, stating that “Riley embodies kindness and joy. She brings energy and excitement to any circle she is engaged with. Riley is always willing to step in and lend a hand wherever needed. I am very grateful for all the pre-camp help she did to ensure we were organized for a great summer!”

How to thank our camp staff
Parents, is there a camp staff member who has gone above and beyond to give your child an extraordinary camp experience? Please click here to learn how you can recognize a camp staff member while also supporting a child in your community.