

REC POOL SCHEDULE: 10/31/2022-12/23/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 5:00 PM WATER EXERCISE	5:00 AM - 10:00 AM WATER EXERCISE	5:00 AM - 10:00 AM WATER EXERCISE	5:00 AM - 10:00 AM WATER EXERCISE	5:00 AM - 5:00 PM WATER EXERCISE	7:00 AM - 9:00 AM WATER EXERCISE	7:00 AM - 11:00 AM WATER EXERCISE
5:00 PM - 7:30 PM FAMILY SWIM	10:00 AM - 11:30 AM SWIM LESSONS	10:00 AM - 11:30 AM SWIM LESSONS	10:00 AM - 11:00 AM CHILD CARE SWIM	5:00 PM - 8:00 PM FAMILY SWIM	9:00 AM - 1:30 PM SWIM LESSONS	11:00 AM - 4:45 PM FAMILY SWIM
7:30 PM - 8:45 PM WATER FITNESS CLASS	11:30 AM - 4:00 PM WATER EXERCISE	11:30 AM - 5:00 PM WATER EXERCISE	11:00 AM - 5:00 PM WATER EXERCISE		1:30 PM - 4:45 PM FAMILY SWIM	
	4:00 PM - 5:00 PM CHILD CARE SWIM	5:00 PM - 8:00 PM FAMILY SWIM	5:00 PM - 7:30 PM FAMILY SWIM			
	5:00 PM - 8:00 PM FAMILY SWIM					
				<p>IMPORTANT NOTE: Schedule may change for instances out of our control such as lightning, water contamination, etc.</p> <p>If you should have any questions please contact the Aquatic Office at (215) 536-8841 ext 3126 or email us at bmusselman@ymcabhc.org</p> <p>NA= Not Available WW= Water walking/Water Exercise L= Lanes available for continuous 25 yd. lap swimming</p>		