

WATER PARK POOL FALL II SESSION SCHEDULE: 11/1/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 6:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)
8:00 AM - 9:00 AM OPEN SWIM (BEACH- COVE)	8:00 AM - 9:00 AM OPEN SWIM (BEACH)	8:00 AM - 9:00 AM OPEN SWIM (BEACH- COVE)	6:00 AM - 7:00 AM OPEN SWIM (BEACH- COVE)	8:00 AM - 9:00 AM OPEN SWIM (BEACH- COVE)	8:00 AM -9:00 AM OPEN SWIM (BEACH, L 3- 4)	8:00 AM -9:00 AM OPEN SWIM (BEACH, L 3- 4)
8:00 AM – 9:00 AM GENTLE AQUA AEROBICS (L 3- 4- 5)	8:00 AM – 9:00 AM AQUA YOGA (COVE, L 3- 4- 5)	8:00 AM – 9:00 AM AQUA AEROBICS (L 3- 4- 5)	6:00 AM – 7:00 AM AQUA TABATA (L 3- 4- 5)	8:00 AM – 9:00 AM OPEN WALKING EXERCISE (L 3- 4- 5)	8:00 AM - 9:00 PM PRIVATE SWIM LESSONS (COVE, L 5)	8:00 AM - 9:00 PM PRIVATE SWIM LESSONS (COVE, L 5)
9:30 AM - 11:10 AM OPEN SWIM (BEACH, L 3- 4- 5)	9:30 AM - 11:15 AM	9:00 AM - 11:15 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM - 12:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM- 12:30 PM	9:00 AM- 12:30 PM
9:30 AM – 11:10 AM GROUP SWIM LESSONS ONLY (COVE)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)		8:00 AM - 9:00 AM OPEN SWIM (BEACH)	12:00 PM- 2:00 PM OPEN SWIM (L 3- 4- 5)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)
11:15 AM - 12:15 PM OPEN SWIM (ONLY BEACH)	11:15 AM - 1:15 PM OPEN SWIM (BEACH)	11:15 AM - 12:15 PM OPEN SWIM (BEACH)	8:00 AM – 9:00 AM AQUA YOGA (COVE, L 3- 4- 5)	12:00 PM - 2:00 PM QUAKER SCHOOL (BEACH, COVE)	12:30 PM -2:00 PM OPEN SWIM (BEACH, COVE)	12:30 PM -2:00 PM OPEN SWIM (BEACH, COVE)
11:15 AM- 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)	11:15 AM- 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)	11:15 AM- 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)	9:00 AM - 9:30 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	2:00 PM- 4:30 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	12:00 PM - 2:00 PM PRIVATE SWIM LESSONS (L 4- 5)	12:00 PM - 2:00 PM PRIVATE SWIM LESSONS (L 4- 5)
12:15 PM - 4:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	12:15 PM - 2:00 PM ABILITY- TOPS (COVE)	12:15 PM - 4:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:30 AM- 11:15 AM	4:30 AM- 5:45 PM	12:00 PM - 2:00 PM ABILITY SWIM LESSONS (L 3)	12:00 PM - 2:00 PM ABILITY SWIM LESSONS (L 3)
4:00 PM - 5:00 PM OPEN SWIM (BEACH, COVE)	12:15 PM- 1:15 PM AQUA LOW IMPACT (L 3- 4- 5)	4:00 PM - 5:00 PM OPEN SWIM (BEACH, COVE, L 3)	GROUP SWIM LESSONS ONLY (All Pool)	AFTER SCHOOL PROGRAM ONLY (All Pool)	2:00 PM – 5:45 PM	2:00 PM – 5:45 PM
4:00 PM - 5:00 PM PRIVATE SWIM LESSONS (L 4- 5)	1:15 PM - 2:00 PM OPEN SWIM (BEACH, L 3- 4- 5)	4:00 PM- 5:00 PM SEEKERS (L 4- 5)	11:15 AM - 12:15 PM OPEN SWIM (ONLY BEACH)	5:45 AM - 8:45 PM OPEN SWIM (BEACH, COVE, L 3)	SLIDE ON FAMILY OPEN SWIM (BEACH, COVE, ELEM)	SLIDE ON FAMILY OPEN SWIM (BEACH, COVE, ELEM)
4:00 PM- 5:00 PM SEEKERS (L 3)		5:00 PM- 8:00 PM	11:15 AM- 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)	5:45 PM - 8:45 PM PRIVATE SWIM LESSONS (L 4- 5)		
5:00 PM- 7:30 PM	2:00 PM - 5:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	12:15 PM - 2:00 PM OPEN SWIM (BEACH- COVE, L3)			
GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	5:00 PM- 7:30 PM		12:30 PM - 2:00 PM ABILITY- TOPS (L 4- 5)	IMPORTANT NOTE:		
	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)			<p>While we try to adhere to this schedule, it may change due to unexpexted conditions.</p> <p>Group, private swim lessons, adaptive swim lessons, swim team represent paid programming space.</p> <p>Pool schedule available online at: ymcabucks.org</p> <p>L= LANE ELEM= ELEMENTS</p> <p>SLIDE ONLY ON DURING DESIGNATED TIMES.</p>		
		8:00 PM- 9:45 PM	2:00 PM - 5:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)			
7:30 PM- 9:45 PM	7:30 PM- 9:45 PM	OPEN SWIM (BEACH, COVE, L 3- 4- 5)	5:00 PM- 7:30 PM			
OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)		GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)			
			7:30 PM- 9:45 PM			
			OPEN SWIM (BEACH, COVE, L 3- 4- 5)			11/1/2022
OPEN SWIM	ADAAULT GROUP EX/ ARTHRITIS		GROUP SWIM LESSONS	PRIVATE SWIM LESSONS	ABILITY PROGRAM	ELEMENTS AND SLIDE ON