

DEER PATH POOL SCHEDULE

JANUARY 2-FEBRUARY 27

IMPORTANT INFORMATION:

SPECIAL NOTE: Winter Swim Lessons begin January 2, 2023

SPECIAL NOTE: [PLEASE SEE CIRCLE SWIM REMINDER ON BACK OF SCHEDULE OR POSTED ON WWW.HCYMCA.ORG](#)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 7:00 AM	6 LAP SWIM LANES	6 LAP SWIM LANES	6 LAP SWIM LANES	6 LAP SWIM LANES	6 LAP SWIM LANES	7 AM - 8:45 AM	7 AM - 8:45 AM
7:00 am - 7:15 am	POOL CLOSED FOR 15 MINUTE GUARD SAFETY BREAK						
7:15 - 8:00 AM	LAP SWIM 6 LANES	LAP SWIM 6 LANES	LAP SWIM 6 LANES	LAP SWIM 6 LANES	LAP SWIM 6 LANES	SWIM TEAM 6 LANES	SWIM TEAM 6 LANES
8:00 - 8:45 AM	LAP SWIM 6 LANES	LAP SWIM 6 LANES	LAP SWIM 6 LANES	LAP SWIM 6 LANES	4 LAP SWIM LANES		
9:00 - 9:45 AM	LAP SWIM 4 LANES PRIVATES	LAP SWIM 4 LANES PRIVATES	LAP SWIM 4 LANES PRIVATES	LAP SWIM 3 LANES LESSONS	LAP SWIM 3 LANES LESSONS		
10:00 - 10:45 AM	LAP SWIM 5 LANES Privates	LAP SWIM 2 LANES AQUAFIT	LAP SWIM 2 LANES AQUAFIT	LAP SWIM 2 LANES AQUAFIT	LAP SWIM 3 LANES LESSONS	SWIM LESSONS NO REC OR LAP SWIM	WIM LESSONS NO REC OR LAP SWIM
11:00 AM- 11:45 AM	LAP SWIM 4 LANES PRIVATES	LAP SWIM 4 LANES LESSONS	LAP SWIM 4 LANES LESSONS	LAP SWIM 4 LANES LESSONS	LAP SWIM 4 LANES PRIVATES		
11:45 AM - 1:00 PM	LAP SWIM 3 LANES LESSONS	LAP SWIM 3 LANES SR. SWIM	LAP SWIM 4 LANES REC	LAP SWIM 3 LANES SR. SWIM	LAP SWIM 4 LANES SR. SWIM		
1:00 PM - 2:30 PM	LAP SWIM 3 LANES REC SWIM/PRIVATES	LAP SWIM 4 LANES REC SWIM/PRIVATES	LAP SWIM 4 LANES REC SWIM/PRIVATES	LAP SWIM 4 LANES REC SWIM/PRIVATES	LAP SWIM 4 LANES REC SWIM/PRIVATES	p lanes/lessons 1 Rec Lane	3 LAP LANES/REC
2:30 PM - 4:00 PM	H.S. SWIM TEAM LAP SWIM 2 LANES	H.S. SWIM TEAM LAP SWIM 3 LANES	H.S. SWIM TEAM LAP SWIM 2 LANES	H.S. SWIM TEAM LAP SWIM 3 LANES	H.S. SWIM TEAM LAP SWIM 1 LANE		
4:00 PM- 4:45 PM	LAP SWIM 3 LANES SWIM LESSONS	LAP SWIM 2 LANES SWIM LESSONS	LAP SWIM 1 LANES SWIM LESSONS	LAP SWIM 1 LANE SWIM LESSONS	LAP SWIM 1 LANE SWIM LESSONS	2 LAP LANES & REC	2 LAP LANES & REC
4:45 PM - 5:30 PM	SPECIAL OLYMPICS SWIM TEAM/ LAP SWIM 1 LANE	SWIM TEAM SWIM LESSONS	LAP SWIM 1 LANE SWIM LESSONS	SWIM TEAM SWIM LESSONS	SPECIAL OLYMPICS SWIM LESSONS		
5:30 PM -6:15 PM	LAP SWIM 1 LANE SWIM TEAM	LAP SWIM 1 LANE SWIM TEAM/PRIVATE	LAP SWIM 2 LANES SWIM TEAM	LAP SWIM 2 LANES S.TEAM 5 lanes at 6:15	LAP SWIM 1 LANE SWIM TEAM 5 LANES		
6:30 PM- 7:00 PM	LAP SWIM 1 LANE SWIM TEAM	LAP SWIM 2 LANES SWIM TEAM	LAP SWIM 2 LANES SWIM TEAM	LAP SWIM1 LANES S.Team 5 lanes till 7:15	LAP SWIM 1 LANE SWIM TEAM 5 LANE	5:00 - 6:45 PM	
7:00 PM - 7:45 PM	LAP SWIM 1 LANE SWIM TEAM 4 LANES	LAP SWIM 1 LANE SWIM LESSONS	LAP SWIM 2 LANES SWIM TEAM 4 LANES	LAP SWIM 2 LANES SWIM TEAM 4 LANES	LAP SWIM 1 LANE SWIM TEAM 4 LANES		
7:45 - 8:45 PM	LAP SWIM 2 LANES SWIM TEAM 4 LANES	LAP SWIM 4 LANES REC SWIM/PRIVATES	LAP SWIM 2 LANES SWIM TEAM 4 LANES	LAP SWIM 2 LANES SWIM TEAM 4 LANES	LAP SWIM 2 LANES S.Team till 8 15 4 lanes		
*HIGH SCHOOL PRACTICE SCHEDULE: Jan. 2, 4, 6, 9, 11, 13, 16, 18, 19, 20, 23, 24, 25, 27, and 30th. February 1, 3, 6, 7, 8, 10, 13, 15, 16, 17, 20, 22, 24, and 27 - When team is out - 4 Lap Swim Lanes 2:30 - 4 PM							
DEFINITIONS							
REC. = RECREATIONAL SWIM TIME - AREA FOR PLAY AND FITNESS/ EXERCISE (MAY BE COMBINED WITH CAMP GROUPS DURING CAMP LESSONS/REC SWIMS)							
LAP SWIM = LANE WILL BE SHARED BY MULTIPLE SWIMMERS. SWIMMERS MUST ADHERE TO SWIM ETTIQUETTE AND CIRLCE SWIM GUIDANCE							
SENIOR SWIM = SENIORS WILL HAVE USE OF A DESIGNATED SECTION OF THE POOL. THIS DOES NOT INCLUDE LAP LANES.							