

YMCA OF BUCKS AND HUNTERDON COUNTIES | Quakertown

GYM SCHEDULE

January 1 to January 31

"We're here for you."

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Recreation Pickleball 7:30-8:45 AM	Recreation Pickleball 5:00-10:00 AM	Recreation Pickleball 7:30-8:45 AM	Recreation Pickleball 5:00-8:45 AM	Recreation Pickleball 5:00-8:45 AM	Floor Hockey Class 10:30-11:10 AM	Adult Basketball 7:00 AM-5:00 PM *subject to change, please check with Welcome Center on availability
Silver Sneakers Circuit 11:00-11:45 AM	Silver Sneakers 11:00-11:45 AM	Stretch and Balance 11:00-11:45 AM	Powerplay Class 12:00-12:30 PM	Silver Sneakers Circuit 11:00-11:45 AM	Floor Hockey Class 11:30 AM-12:10 PM	
Sports Frenzy Class 5:15-5:55 PM	Jr. Sixers Basketball League 5:00-7:15 PM	Jr. Sixers Basketball League 5:00-7:15 PM	Basketball Class 5:15-5:55 PM	Dodgeball Class 5:00-5:40 PM	Adult Basketball 12:30-5:00 PM *subject to change, please check with Welcome Center on availability	
Soccer Class 6:15-6:55 PM	Adult Basketball 7:30-9:00 PM	Adult Basketball 7:30-9:00 PM	Adult Basketball 6:00-9:00 PM	Adult Basketball 5:45-9:00 PM		
S.A.Q. Class 7:15-7:55 PM						
Adult Basketball 8:00-9:00 PM						
*Tuesday and Wednesday Jr. Sixers Basketball Leagues end on February 15th						1/3/2023