Welcome Camp Hunterdon families!
Every summer has a story and we can’t wait to help your child write theirs! Our staff will help your child foster personal growth and lifelong friendships.

Next week we will celebrate our Welcome to the West theme; read more on page 3!

We appreciate your patience during drop off and pick up. Please remain in your car to help speed up the process and ensure the safety of all.

Here for you,
Andy Cogen
Camp Site Director

WELCOME TO THE WEST WEEK
July 24-28

Camp Hunterdon News Guide
Pg. 2 | Reminders, upcoming events
Pg. 3-7 | Adventure camp / important info
Pg. 8-9 | Camp map
Pg. 10 | Meet your Camp Leadership Team
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Mark Your Calendar
Tuesday: Dress like a Cowboy day! Tall sock Tuesday!
Wednesday: Pizza day for Jr Camp, Thunderbirds, Rangers, Scouts and Wranglers (Included. No extra fee)
Thursday: Lasso Contest!
Thursday: Pizza day for Explorers, Pathfinders, Trailblazers, Pioneers and CITs (Included. No extra fee)
Friday: Archery Contest!

Questions, comments, concerns?
Contact us at campcarr@ymcabhc.org
Parent reminders
● Campers should come to camp wearing their swimsuit
● Please label all belongings clearly with camper’s name
● Camper’s backpack should include:
   ○ Lunch (for full day campers only)
     ■ Lunches requiring a cooler setting may be placed in a hard, washable cooler with an ice pack to keep cool
     ■ Lunches should not require reheating at camp
   ○ Two snacks (for all campers)
   ○ Sunscreen
   ○ Bug repellent
   ○ Reusable water bottle
   ○ Towel
   ○ Change of clothes
   ○ Snack bar money if you don’t have a “funfangle” card
● Wear closed toe shoes and comfortable clothing to camp
● No toys, stuffed animals, or electronics permitted at camp
● All medication must be signed in at drop-off with camp leadership
● At pick up, for the safety of your child, a photo I.D. is required everyday to sign out your camper
● Be sure to join our private Facebook group for updates.

Welcome to the West events
● **Tuesday, Dress up like a Cowboy!**
  Come to camp dressed like a cowboy or cowgirl!
● **Thursday, Lasso Contest!**
  Groups will participate in a lasso contest to determine who our top cowpokes are!
● **Friday, Archery Contest!**
  Mr. Bill will be preparing our campers for this throughout the week!

Text message alerts
Please complete this form to sign up to receive text messages from your Camp Hunterdon team including weekly hotsheets, weather-related updates, and camp reminders. By completing this form, you are providing consent for YMCA of Bucks and Hunterdon Counties to send text messages to your phone.

Important Links/ Documents
● Permission to medicate form
● Submit Immunization Record
● Register for additional camp weeks or AM/PM care
● Change and cancellation request form
● 2023 Camp Parent Handbook
● Funfangle Snack Bar Accounts
**Adventure Camp**  
**Welcome to the West**  
**July 24-28**

Our theme this week is Welcome to the West. Each day, campers will celebrate this theme through games, activities, sports, and crafts. On Tuesday we will dress up as cowboys and cowgirls! Thursday we’ll be holding a lasso contest to see who our top cowpokes are. The week will end with an archery contest!

**Conversation starters**
Hear in your child’s words how their week at camp is going with these fun conversation starters!

*Tell me about your friends in your group.*  
*Talk to me about your favorite part of the camp day.*  
*How did you celebrate Welcome to the West week today?*

**Craft of the week:**  
**Beaded Snakes**  
This one is nice and simple!

**Supplies Needed:**  
Pony Beads  
Red Pipe Cleaners  
Googly Eyes  
Glue

Put the pony beads on the pipe cleaners, and then bend the pipe cleaners into a head shape at one end, leaving a bit of red showing as the snakes tongue! Glue the googly eyes on to finish your snake!

**Snack bar days, see pg. 4 for snack bar information**

Jr. Camp - Tuesday / Thursday  
 Scouts - Tuesday / Thursday  
 Trailblazers - Monday / Wednesday  
 Thunderbirds - Wednesday / Friday  
 Pathfinders - Monday / Wednesday  
 Wranglers - Wednesday / Friday  
 Rangers - Monday / Wednesday  
 Explorers - Tuesday / Thursday  
 Pioneers - Wednesday / Friday
Snack bar

Snacks offered include ice cream, crackers, chips, pretzels, juice and water. The cost of items ranges from $.25 to $2.75.

You will be able to create an account for your camper and track their spending. You only need one online account per child.

If your child attends Camp Carr after care they will have the opportunity to go to the snack bar daily. All groups have the opportunity to visit the snack bar twice a week.

With that said, for PM care campers a $20—$25 card weekly is recommended. If they are 9 AM-4 PM campers a $5.00 card is recommended. You are able to set limits on your campers spending.

Click [here](#) to set up or reload your account. You can [login to a previous account](#) or set up a new account.

Snack bar cards are non-refundable. Please check your camper’s card regularly and avoid overloading the card.

If you have an issue with the link please contact support@funfangle.com.
Swimming
Swimming is one of the highlights of a camper’s day. At the beginning of each session campers receive a swim assessment. Safety is key! Our counselors, as well as our lifeguards, work together to protect our campers.

Questions about swimming?
Please contact
Miss. Christie Stymiest,
Assistant Aquatic Director, at
cstymiest@ymcabhc.org

<table>
<thead>
<tr>
<th>TEST, MARK AND PROTECT (SWIM ASSESSMENT)</th>
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</thead>
<tbody>
<tr>
<td><strong>RED BAND</strong></td>
</tr>
<tr>
<td>⇒ Ask the child if they are comfortable getting into the water on their own</td>
</tr>
<tr>
<td>No - child must wear life jacket and <strong>red band</strong></td>
</tr>
<tr>
<td>Yes - continue with test</td>
</tr>
<tr>
<td>⇒ Ask the child to submerge their face in the water, then float on their back, roll over, float on front, then roll onto their back</td>
</tr>
<tr>
<td>No - child must wear life jacket and <strong>red band</strong></td>
</tr>
<tr>
<td>Yes - Continue with test</td>
</tr>
<tr>
<td>⇒ Ask the child to swim front crawl (face in the water, and arms overhead, half the length of the pool)</td>
</tr>
<tr>
<td>No - child must wear life jacket and <strong>red band</strong></td>
</tr>
<tr>
<td>Yes - continue with test</td>
</tr>
<tr>
<td><strong>YELLOW BAND</strong></td>
</tr>
<tr>
<td>⇒ Ask the child to then roll over and swim on their back to the deep end (elementary or back crawl is acceptable)</td>
</tr>
<tr>
<td>No - Child must return to the shallow end of the pool, and gets a <strong>yellow band</strong></td>
</tr>
<tr>
<td>Yes - Continue with test</td>
</tr>
<tr>
<td>⇒ Ask the child to jump in and recover, then tread water for one minute</td>
</tr>
<tr>
<td>No - Child must return to the shallow end, and get a <strong>yellow band</strong></td>
</tr>
<tr>
<td>Yes - Shallow water test is complete and can move to the deep water test</td>
</tr>
<tr>
<td><strong>GREEN BAND</strong></td>
</tr>
<tr>
<td>⇒ A child receives a <strong>green band</strong> with completion of the following skills</td>
</tr>
<tr>
<td>⇒ Getting into the pool without assistance</td>
</tr>
<tr>
<td>⇒ Ability to submerge, resurface and float for at least 10 seconds without assistance</td>
</tr>
<tr>
<td>⇒ Swimming front crawl for a full length of the pool</td>
</tr>
<tr>
<td>⇒ Rolling onto their back and swimming a full length of the pool</td>
</tr>
<tr>
<td>⇒ Treading water for one minute</td>
</tr>
</tbody>
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Pick-Up Cards

By now you should have received your pick-up card in the mail or at camp. These cards are specific to your child and must be shown daily to pick-up your camper. You may request more cards if you will be authorizing others to pick-up your camper. New authorizations must be submitted via email to your camp at campcarr@ymcabhc.org. Anyone who does not have one of these cards at pick-up must present a driver’s license/ photo ID. Our camp staff will match the identification to the information which you provided on your child’s health and emergency forms prior to releasing a camper.

Save the date!

Our 12th annual Kids Tri returns to the Doylestown branch on August 13! We welcome new and returning youth athletes of all skill levels ages 3-14 where all will become finish line champions on race day. Race day is a full-family experience like none other, beginning with pre-race entertainment for your youth triathletes as they check-in, the energy and excitement of our Kids Triathlon Village, and a finish line experience that fully embraces our COMPETE TO COMPLETE and Y FOR ALL atmosphere where every athlete is a winner.

Supported by the USA Triathlon Kids Tri initiative, our YMCA Kids Triathlon is unique in that it has one podium, and all will be on it!

Click here to learn more and register!
Important Reminder
Please note Camp Carr is located in a residential area. There are always walkers and bikers present. Please make sure you are driving safely and always following the posted speed limit.

Drop-Off and Pick-Up
As always we ask our families to partner with us to ensure we are being safe. This requires being prepared for drop-off and pick-up. Here are a few very important reminders.

1. In the morning please stay in your car. Our staff will come and get your camper and bring them to their group.
2. Have your camper’s items readily accessible.
3. Make sure the first round of bug spray and sunblock is on before camp. We’ll help apply during the day.
4. In the afternoon (pick-up) have your pick-up cards ready to show.
5. STAY IN YOUR LANE. Please never cross lanes in the circle.
6. NEVER BACK-UP in the circle.
7. Follow our staff direction and be aware of all our campers.

We appreciate your help and partnership.

Questions, comments, concerns?
Contact Camp Carr at campcarr@ymcabhc.org or 908.735.5951
Camp Director, Andy Cogen at acogen@ymcabhc.org
Assistant Camp Director, Laura Bussard at lbussard@ymcabhc.org
Before camp care begins at 7 AM and drop-off is located at the pool parking lot.

9 AM drop-off begins at 8:40 AM. Follow arrows into camp.

4 PM pick-up is in the campground. Follow arrows into camp, and see Page 7 for specific group pick-up areas.

After camp care pick-up is at the pool parking lot. Please feel free to help your camper get packed up.

If picking up early (before 3:45 PM) you must pick-up before 3:15 PM as closing ceremonies begin and everyone is engaged in the excitement.

Camp office is closed between 3:30-4 PM for dismissal.

Always have your pick-up cards and or photo ID ready at pick-up.
Curbside drop off and pick up locations

Please follow the signs and watch for staff direction. Our team will be in the drop-off and pick-up area to guide you.

Special Pick-Up Zone For Junior Camp and Thunderbirds
We have added a new pick-up area for our youngest campers. This location will be beyond the main circle along the sport field. Don’t worry, we have signage and staff to carefully guide you to these locations. Please make sure you pull all the way forward to the stop sign when in this zone, and if possible, do not exit your vehicle.

All other groups (Rangers, Scouts, Wranglers, Explorers, Pathfinders, Trailblazers, Pioneers & CITs)
Drop-off and Pick-up at the main pickup circle (labeled CAMPERS WAIT ZONE on the map).
Meet your Camp Leadership Team

Andy Cogen, Camp Director
Andy Cogen is the Director of Camp Carr. Having attended Camp Carr as a child, Andy has worked his way up from camper, CIT, Counselor, Head Counselor, Assistant Director, to Director. This is his 18th summer working at Camp Carr. In his spare time, Andy enjoys amateur radio and playing the piano!

Laura Bussard, Assistant Camp Director
Laura Bussard is the Assistant Camp Director at Camp Carr! She has been part of the Camp Carr program for 12 years in our Leaders in Training program, Art Specialist and now as our Assistant Camp Director. Out of camp season Laura is a full time teacher at the Hunterdon Preparatory School. Laura loves the color purple, and she also enjoys bowling in her spare time!
Staff spotlight

Meet Riley
Riley Ferrara is enjoying her 5th summer as a camp staff member at the Y’s Deer Path branch in Hunterdon County. This summer, Riley has taken on a new role as Administrative Intern and Health Coordinator. Riley received her “Professional Rescue Certification” through the Y and administers first aid for minor injuries like bee stings, bug bites and scraped knees.

Riley is a part of a set of quadruplets and, prior to this year, she and her 3 siblings all worked at the Y’s Deer Path camp (3 of 4 are pictured, Riley is on the left). Riley will be finishing her final semester at Delaware Valley University this fall, where she will earn a degree in business administration with a focus on sports management.

Kristin Heimall, VP of Operations for the Y’s Hunterdon region speaks highly of Riley, stating that “Riley embodies kindness and joy. She brings energy and excitement to any circle she is engaged with. Riley is always willing to step in and lend a hand wherever needed. I am very grateful for all the pre-camp help she did to ensure we were organized for a great summer!”

How to thank our camp staff
Parents, is there a camp staff member who has gone above and beyond to give your child an extraordinary camp experience? Please click here to learn how you can recognize a camp staff member while also supporting a child in your community.