2022 REPORT TO THE COMMUNITY



YMCA OF BUCKS AND HUNTERDON COUNTIES

To our members, donors and community,

This past year showed us the direct impact our YMCA makes in our communities when donors, staff and volunteers fully invest in our mission. We kicked off 2022 by formalizing our relationship with Hunterdon County YMCA, marrying our mutual strengths for the betterment of both service areas. We also put a bow on the recently concluded, comprehensive For A Better Us Campaign with a roaring 20s gala in Doylestown. The event, which celebrated the donors who made the campaign possible, marked time for us, signaling the beginning of a new chapter in YMCA community impact in Bucks and Hunterdon counties.

Together at the Y, our efforts are guided by the three pillars of our mission: **Social Responsibility, Youth Development and Healthy Living**. In this report, we hope you will be inspired by the stories and testimonials of members and participants whose lives we have touched together. It is the investment by you and donors throughout the community that strengthens these pillars, and makes the biggest impact on individuals and families who need the Y.

Inspiration, Investment and Impact. We are inspired every day by the commitment of Y staff, whose diligence, compassion and care now span across the Delaware River. We are inspired by Y Pathway program participants, who have chosen to invest in themselves what it takes to build strength despite health challenges. We are inspired by our donors, who make all this impact possible. We hope you will be inspired by the work shared in this report, and continue to invest in tomorrow, as we, together, set our sights even higher in 2023.

Thank you,



Zane Moore President/CEO



Rich Lovely

Chief Volunteer Officer, Association Board of Directors

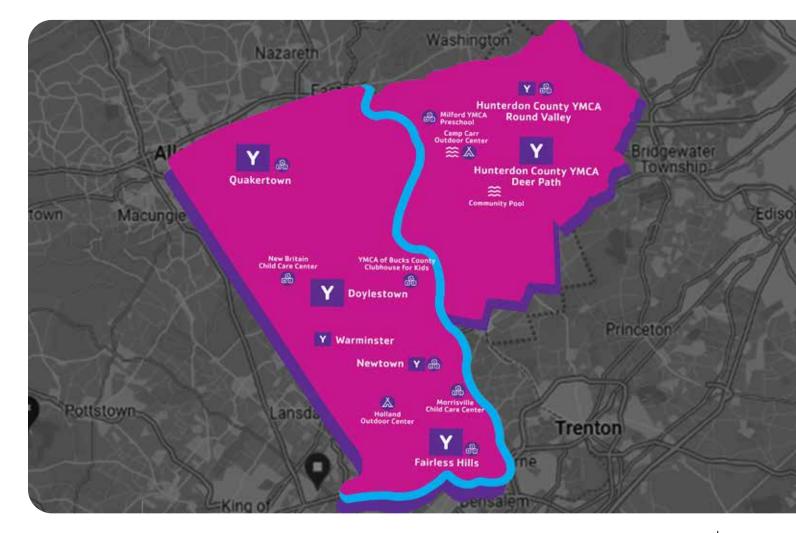
YMCA OF BUCKS AND HUNTERDON COUNTIES

STARTING 2022 STRONGER TOGETHER

This was a monumental year for our Y, and it all began with expanding our services, participants and geography. On April 1, 2022, Hunterdon County YMCA in New Jersey and YMCA of Bucks County in Pennsylvania officially came together to create one YMCA across the two counties, operating as one YMCA of Bucks and Hunterdon Counties.

YMCA of Bucks and Hunterdon Counties serves the community through its seven membership branches, seven child care centers and two outdoor camp properties. The Y also nurtures nearly 1,000 students and their families in 21 school age child care programs throughout 15 public school districts in Bucks and Hunterdon counties.

"Stronger Together means exactly that. Just as we leveraged the strengths of the three formerly independent YMCAs in Bucks County to better serve the community, so have we done with the combined YMCA communities across the Delaware River," explained Zane Moore, president/CEO of YMCA of Bucks and Hunterdon Counties. "The Hunterdon County YMCA brings its expertise and success as an exemplary provider of child care and camp to the larger organization, while the great staff and volunteers from the Bucks side expand our reach in health, wellness, and community impact throughout the newly combined areas of service.





Since coming together, we have been busy gathering information to identify how to best serve our communities. The benefits that Hunterdon County will enjoy as a result of this merger would be difficult to achieve otherwise. There is a great synergy between the Hunterdon and Bucks teams. The staff and volunteers work well together, and have quickly built effective working teams and friendships. Truly an example of 1+1=3.

Getting Right to Work: As a first step in assessing the

needs of the Hunterdon community and where the Y

Andy Cedarbaum Chief Volunteer Officer Hunterdon Regional Advisory Board

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In 2022

49,603

community members served

+1,000 number of staff employed

\$5 million

is needed most, the Y engaged an outside consultant to conduct an assessment of YMCA branches and properties. In 2023, the YMCA board will evaluate the results of a diligent community needs assessment and set a course for the future of the Y in Hunterdon County. We hosted a forum for community leaders on Tuesday, September 27, at Stanton Ridge Golf and Country Club in Whitehouse Station, NJ as part of our Hunterdon County community needs assessment.



SOCIAL RESPONSIBILITY

The Y is For Social Responsibility, giving back and providing support to our neighbors. Whether developing skills or emotional well-being, welcoming and connecting diverse populations, or advocating for healthier communities, the Y fosters the care and respect all people need and deserve. Through the Y, volunteers, donors, leaders and partners are empowering people and communities to be healthy, confident, connected and secure.

Today, the Fairless Hills branch has more members and participants walking through its doors than we ever have. This is what some of our members are saying...

I am enjoying my membership! I usually go to classes with my daughter but have been coming in by myself to try different things. The staff and other members make me feel so comfortable. Everyone is so kind and helpful. It is just what I need to keep motivated!

I refer friends and family because we are a community environment. All are welcome at this site. We pick each other up, help each other out, without judgment. That's why I'm here. Ω

I love the community aspect of the YMCA and the renovations are gorgeous. Being a practically life-time member, I have many fond memories of attending as a child, as well as throughout my life. I love meeting new members, from all walks of life, all coming together in the name of community and wellness. Ω





We marked the conclusion of the highly successful comprehensive For A Better Us campaign in 2022, which raised over \$30MM for an expansion of our Doylestown branch and Fairless Hills branch renovations, as well as support for vital YMCA Pathway and financial assistance programs. Y Pathway programs such as the Veterans Wellness Initiative and THRIVE Cancer Wellness, are free to participants. Y financial assistance provides the means for many families to participate in YMCA child care and camp, as well as membership and programs. In 2022, YMCA of Bucks and Hunterdon Counties provided over \$825,000 in financial support to those who would otherwise be unable to participate in care and wellness at the Y.

Cutting the Ribbon in Fairless Hills

On April 14, 2022 more than 350 volunteers, donors, elected officials, staff and members of the community celebrated the reopening of the fully renovated Fairless Hills branch during a ribbon-cutting ceremony. Speakers included many of our leadership donors.

The Y has been the fortunate recipient of a tremendous amount of public support due to the efforts of elected officials. This is demonstrative that it takes everyone, regardless of opinion or issue, to come together for the greater good. The Y is not just a fitness center; it's a 360 degree life center.

U.S. Representative Brian Fitzpatrick (PA-1)
April 14, 2022, Fairless Hills branch ribbon-cutting ceremony.

We all have needs at different times in our lives. Everyone, at some point, needs help. We are coming together with the Y to help people be the best they can be, and right in the community we grew up in. \bigcirc

Tom Lynch

President and Co-founder of the Danaher Lynch Family Foundation

SOCIAL RESPONSIBILITY



The Roaring 20s Gala

Y supporters, donors and members gathered Friday, May 13, 2022 for a Roaring 20s themed gala at the Doylestown branch. The gala celebrated the conclusion of the For A Better Us Campaign, and included tours of the branch expansion resulting from the campaign. Donor recognition signs were unveiled to show our gratitude for contributions that made the For A Better Us Campaign a resounding success.





Friends of YMCA of Bucks and Hunterdon Counties Golf Invitational

On October 31, more than 200 attendees participated in our annual golf outing at the Union League Golf Course at Torresdale on a beautiful and bright fall day. Golfers played a morning or afternoon round, and competed for prizes. Over \$226,000 was raised and 100% of the proceeds support programs and services for low to moderate income families who have children in child care or summer camp.



Comedy Night

We hosted our 30th Annual Comedy Night on Friday, November 18 at the Hunterdon Hills Playhouse in Hampton, New Jersey. With nearly 300 comedy fans in attendance, the event raised over \$80,000 for the YMCA's financial assistance program. The "Send a Kid to Camp" appeal raised funds to provide financial assistance for 113 children to attend YMCA day camps this summer.



I got in a little better shape, lost a few pounds and met a bunch of new people. I read up about Cause membership and I know about all the Y does for people. I see it as giving back to something that's been given to me.

Bryant Johnston

Veterans Pathway Program graduate and YMCA Cause Member

Cause Membership

In 2022, YMCA of Bucks and Hunterdon Counties unveiled the innovative Cause Membership. Growing from what we learned during the COVID-19 pandemic, we wanted to expand opportunities to connect with the Y mission without having to purchase a branch membership. With Cause, the Y provides members opportunities to connect and support the causes particular to their interests, all while contributing \$10 per month to support Pathway programs and Y financial assistance. Cause members receive frequent updates about their Y causes, opportunities to connect with other members and families, and free access to Y Wellness 24/7. Y Wellness 24/7 is an online wellness platform providing members with thousands of live and on-demand classes in fitness, mental health and nutrition. Cause membership continues to grow at YMCA of Bucks and Hunterdon Counties, with more benefits and opportunities coming in 2023!



Holiday Gift Card Drive

During October and November, we inspired the community to help families in the YMCA Financial Assistance program prepare for the holiday season. We asked members and the entire community for gift cards from large supermarkets and big box retailers to be dropped off at our welcome centers. Throughout November, gift cards were distributed to financial assistance members in time for Thanksgiving, and during December, the remaining supermarket and retailer gift cards were given to prepare for the Holidays.



YOUTH DEVELOPMENT

The Y is For Youth Development, because we believe that all youth deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.



YMCA of Bucks and Hunterdon Counties is the leading nonprofit child care provider in both counties. To be committed to youth development in our education and care programs means recognizing the serious issue childhood hunger presents to children in our community. Hungry children are challenged to focus, attend and enjoy learning, as well as other important social activities. Having fed vulnerable children in the Fairless Hills area for over a decade, in 2021, the Y moved towards a more comprehensive food program by becoming a USDA approved Summer Feeding Service Program (SFSP) sponsor.

As a working parent with many responsibilities, we feel that it is a blessing to be part of the food program. Making sure that our daughter has a healthy and nutritional breakfast and lunch is very important to us. Being part of this program has helped us to focus on her needs more.

Because of generous contributions from donors, as well as funding through the American Rescue Plan Act (ARPA), in 2022 the Y served hot meals to Morrisville Pre-K Counts students for the first time.



At YMCA Camp Bucks at Cabrini (St. Francis Cabrini in Fairless Hills) the Y provided 4,300 meals to campers from June through August, 2022. U.S. Senator Bob Casey visited the camp to see our program in action first hand!

In our Morrisville, New Britain, Quakertown, New Hope and Newtown child care centers, including the Morrisville Pre-K Counts program, with support from our donors, we provided

450 children with

3,480 meals and

9,841 healthy snacks.

Y Camps

During the summer of 2022, 4,768 campers played, learned and made friends at 13 YMCA of Bucks and Hunterdon Counties camp locations.

The Y has partnered with Metro Esports in Doylestown to provide a gaming and technology learning experience through year-round programs and camps. At the heart of our work with youth in our communities is a commitment to build-up each individual by fostering camaraderie and teamwork in a safe environment that encourages skill development and healthy competition. Together with Metro Esports, the Y is broadening our impact and meeting youth on their playing field.

Metro Esports fostered friendships, skill development and fun for 167 campers during the first esports summer camp at the Doylestown branch.

Camp Carr Recovery from Hurricane Ida

September 1, 2021, Hurricane Ida tore through New Jersey, causing destruction from winds and flooding throughout Hunterdon County. In 2022, Y staff and volunteers recovered and revitalized Camp Carr in time for summer. Camp Carr families contributed to a recovery fund, which helped purchase two brand new yurts, a new camp perimeter fence, playground, and vital equipment lost in the storm. In June, Camp Carr welcomed more campers than it has in its history. In 2022, our Y served over 1,000 campers in Hunterdon County.





HEALTHY LIVING

49,603

MEMBERS/PROGRAM PARTICIPANTS

improved their health, learned a new skill and connected with others



4,048

CHILDREN AND ADULTS

learned life-saving skills in aquatics programs



4,765

CAMPERS spent their days exploring, making friends and having fun at summer camp



1,079

KIDS strengthened their physical fitness and learned good sportsmanship in sport leagues



7,265

TEENS were physically active and benefited from programs that promote leadership, character development and community involvement



4,043

ACTIVE OLDER ADULTS stayed active, volunteered and enjoyed social activities



1,742

RECIPIENTS benefited from \$700,000 of financial assistance for programs and services





The Y is For Healthy Living, improving the community's health and well-being. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, youth, adults and families are receiving support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.

Between November 21 and January 8, 2023, YMCA of Bucks and Hunterdon Counties branches opened the doors wide to welcome our communities to try the Y for free. **5,220 individuals** who were not yet members visited our seven Y branches over 13,000 times during the Here For Our Community initiative to try Y pools, fitness centers, classes and Y Wellness 24/7.

I was thrilled with the free six-week community trial membership at the Y. I used that time to attend many group exercise classes and to get to know the participants in those classes. By the time the trial was over, I was hooked!

Christine Conz Visited the Quakertown branch during Here For Our Community.

99



a veteran and recent graduate of the Y's program.

HEALTHY LIVING

PATHWAY PROGRAMS

YMCA Pathway programs are donor-funded, specialized programs provided free to specific groups of individuals seeking wellness and social connection. For many participants, they would not be able to find similar opportunities outside of the Y.

Since their inception, we have impacted over 10,000 lives through our Pathway Programs.























I signed up for THRIVE as part of my weekly exercise routine. I was used to working out on machines and free weights, but THRIVE opened me up to chair yoga, running, and balance training. My cancer has been in remission for 18 years, and now I have more stamina, and overall body feel. Bill Navarre, THRIVE participant

I weighed close to 280 pounds, and was prediabetic. I knew I had to make some major changes with my life. In the Healthy Lifestyles Pathway program I learned a great deal about proper nutrition. controlling my calories, how to effectively exercise in a way that's best for me, and how to develop habits that will last a lifetime. I lost 43 pounds, and significantly lowered my risk for diabetes. Tom Kinchella, Healthy Lifestyles graduate





During the 12 week course, we took classes on balance, nutrition, tai-chi and mental health. The program not only gives you the proper form for the exercise but you learn from others and become a small family. I unlocked the determination that had somehow disappeared over the years and it feels great!

John Papson, retired Marine and graduate of the Veterans Pathway program

LOOKING AHEAD TO 2023

You have seen the impact our community of donors has on the YMCA community, and we hope you are inspired to invest in the Y's future. Whether it's sending kids to camp over the summer so that families can continue to go to work with the confidence their children are in the safest, most rewarding place they can be, or supporting military veterans and their families in Bucks and Hunterdon counties through the expansion of Pathway programs, your investment has direct impact.

YMCA of Bucks and Hunterdon Counties will always look outward to our communities to know best how to serve, and always look inward to expand our capacity to listen, learn, enhance and improve the quality of that service. 2023 will see exciting work in Hunterdon County, including the expansion of vital Pathway programs. Soon we will be sharing our strategy to better serve the Quakertown community as well. On behalf of the YMCA communities of Bucks and Hunterdon counties, thank you for the impact you make.















THANK YOU TO OUR DONORS

We thank our many donors to YMCA of Bucks and Hunterdon Counties who gave cash donations to our annual campaign, capital campaign and endowment in 2022. Your generosity through your individual donations, grants, sponsorships and matching gifts made a lasting impact.

We also thank our event supporters, our in-kind donors, and our many donors of under \$100 who are too numerous to list. If we have omitted or misspelled a name, we apologize and ask that you contact Angela Jacobsen at ajacobsen@ymcabhc.org so we may update our records.

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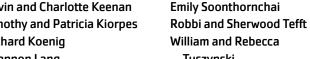
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Heritage Club Members help to ensure the sustainability of the Y's mission in Bucks and Hunterdon Counties through legacy gifts and gifts to the Endowment Fund. Our Heritage Club members create a promising tomorrow for kids, families, and our community.

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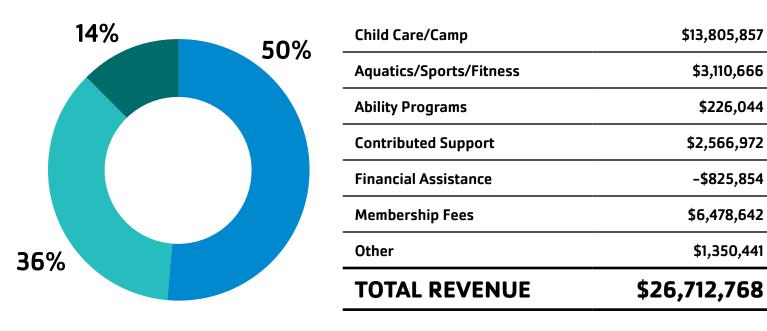
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Memorial Fund for Patti Thomas*

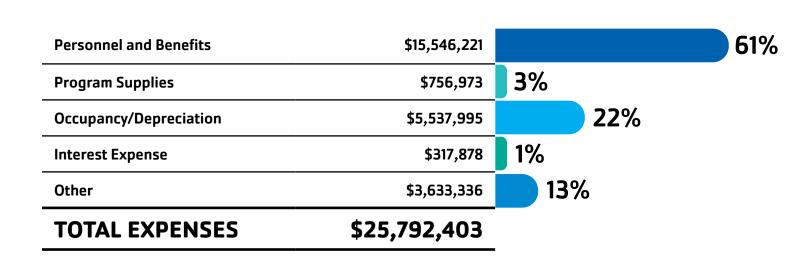
+Planned Gift Commitment

*Deceased

2022 FINANCIALS



Membership/Programs 36% Child Care/Camp 50% Development/Other 14%



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ymcabhc.org