

Quakertown Branch

LAP POOL SCHEDULE: 3/4/2024-6/9/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	7:00 AM- 9:00 AM SWIM TEAM (Lap L1-2-3) (WW NA)	7:00 AM- 8:00 AM LAP SWIM (Lap L1- 2-3-4-5) (WW L6)
9:00 AM- 10:20 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM- 10:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM- 11:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM- 10:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM- 10:20 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM -1:30 PM^ SWIM LESSONS (Lap L 5) (WW L6)	8:00 AM- 8:50 AM WATER FITNESS CLASSES (Lap L1-2-3-4) (WW NA)
10:20 AM- 10:45 AM Adult Exercise- Social Splash (Lap L1-2-3) (WW NA)	10:00 AM- 10:30 AM Adult Exercise- Social Splash (Lap L1-2-3) (WW NA)	11:00 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	10:00 AM- 10:30 AM Adult Exercise/ Social Splash (Lap L 1-2-3) (WW NA)	10:20 AM- 10:45 AM Adult Exercise/ Social splash (Lap L1-2-3) (WW NA)	1:30 PM- 4:30 PM^ LIFEGUARD CLASS (Lap L1-2-3-4) (WW NA)	8:50 AM- 12:00 PM^ LAP SWIM (Lap L 2-3-4-5) (WW L6)
10:45 AM- 4:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	10:30 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	5:00 PM- 7:40 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	10:30 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	10:45 AM- 5:00 PM* LAP SWIM (Lap L 2-3-4-5) (WW L6)	4:30 PM- 4:45 PM^ LAP SWIM (Lap L 2-3-4-5) (WW L6)	12:00 PM- 1:30 PM^ SWIM LESSONS (Lap L 3-4-5) (WW L6)
4:00 PM- 5:00 PM PALISADES SWIM (Lap L5) (WW L6)	5:00 PM- 7:40 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	7:40 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	5:00 PM- 7:40 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	5:00 PM- 7:30 PM^ SWIM LESSONS/ SWIM TEAM (Lap L 4) (WW NA)		1:30 PM- 4:30 PM^ LIFEGUARD CLASS (Lap L1-2-3-4) (WW NA)
5:00 PM- 8:00 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	7:40 PM- 8:20 PM SWIM LESSONS (Lap L 3-4-5) (WW L6)		7:40 PM- 8:45 PM CONDITIONING CLASS (Lap 6) (WW NA)	7:30 PM- 8:45 PM^ LAP SWIM/ LIFEGUARD CLASS (Lap L 4-5) (WW L6)		4:30 PM- 4:45 PM^ LAP SWIM (Lap L 2-3-4-5) (WW L6)
8:00 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	8:20 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)					

updated 2/28/24

IMPORTANT NOTE:
Schedule may change for instances out of our control such as lightning, water contamination, etc.

If you should have any questions please contact the Aquatic Office at (215) 536-8841 ext 3126 or email us at bmusselman@ymcabhc.org

NA = Not Available
WW= Water Walking/Water Exercise
Lap Swimming L= Lanes available for continuous 25 yd. lap swimming

^Lifeguard class dates: 4/20, 4/26-4/28, 5/3-5/5, 5/10-5/11,5/17-5/19
*3:30-4:30pm Pool deck cleaning