

WATER PARK POOL SPRING SESSION SCHEDULE: 3/01 - 6/16/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 6:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 6:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)
8:00 AM - 9:00 AM OPEN SWIM (BEACH- COVE)	6:00 AM - 7:00 AM OPEN SWIM (BEACH- COVE)	8:00 AM - 9:00 AM OPEN SWIM (BEACH- COVE)	6:00 AM - 7:00 AM OPEN SWIM (BEACH- COVE)	8:00 AM - 9:00 AM OPEN SWIM (BEACH- COVE)	8:00 AM - 9:00 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	8:00 AM - 9:00 AM OPEN SWIM (BEACH, COVE, L 3)
8:00 AM - 9:00 AM GENTLE AQUA (L 3, 4- 5)	6:00 AM - 7:00 AM AQUA YOGA (L 3- 4- 5)	8:00 AM - 9:00 AM AQUA AEROBICS (L 3- 4- 5)	6:00 AM - 7:00 AM AQUA TABATA (L 3- 4- 5)	8:00 AM - 9:00 AM AQUA AEROBICS (L 3- 4- 5)	9:00 AM - 12:00 PM OPEN SWIM (BEACH, COVE)	8:00 AM - 9:00 AM PRIVATE SWIM LESSONS (L 4- 5)
9:00 AM - 9:30 AM OPEN SWIM (BEACH, COVE, L 3, 4- 5)	7:00 AM - 8:00 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM - 11:15 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM - 11:15 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM - 12:00 PM PRIVATE SWIM LESSONS (L 3- 4- 5)	9:00 AM - 1:00 PM
9:30 AM - 11:45 AM OPEN SWIM (L 3)	8:00 AM - 9:00 AM OPEN SWIM (BEACH)	8:00 AM - 9:00 AM OPEN SWIM (BEACH)	8:00 AM - 9:00 AM OPEN SWIM (BEACH)	11:15 AM - 12:15 PM OPEN SWIM (BEACH)		GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)
9:30 AM - 11:45 AM GROUP SWIM LESSONS ONLY (BEACH, COVE, L 4- 5)	8:00 AM - 9:00 AM AQUA YOGA (COVE, L 3- 4- 5)	11:15 AM - 12:15 PM OPEN SWIM (BEACH)	8:00 AM - 9:00 AM AQUA YOGA (COVE, L 3- 4- 5)	11:15 AM - 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)		1:00 PM - 2:00 PM OPEN SWIM (BEACH, COVE)
11:45 AM - 12:45 PM OPEN SWIM (BEACH)	9:30 AM - 11:45 AM OPEN SWIM (L 5)	11:15 AM - 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)	9:00 AM - 9:30 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	12:15 PM - 4:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	12:00 PM - 2:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	1:00 PM - 2:00 PM PRIVATE SWIM LESSONS (L 3- 4- 5)
11:45 AM - 12:45 PM ARTHRITIS (COVE, L 3- 4- 5)	9:30 AM - 11:45 AM GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4)	12:15 PM - 4:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:30 AM - 11:45 AM GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	4:00 PM - 8:00 PM OPEN SWIM (BEACH, COVE)		
12:45 PM - 4:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	11:45 AM - 12:45 PM OPEN SWIM (BEACH)	4:00 PM - 4:15 PM OPEN SWIM (BEACH, L 4- 5)		4:00 PM - 8:00 PM PRIVATE SWIM LESSONS (L 3- 4- 5)	2:00 PM - 5:30 PM	2:00 PM - 5:45 PM
4:00 PM - 4:15 PM OPEN SWIM (BEACH)	11:45 AM - 12:45 PM ARTHRITIS (COVE, L 3- 4- 5)	4:00 PM - 4:30 PM SEEKERS (COVE, L 3)	11:45 AM - 12:45 PM OPEN SWIM (BEACH)		FAMILY OPEN SWIM (ELEM, SLIDE ON)	FAMILY OPEN SWIM (ELEM, SLIDE ON)
4:00 PM - 4:15 PM PRIVATESWIM LESSONS (COVE, L 4- 5)	12:45 AM - 1:45 PM OPEN SWIM (BEACH, COVE)		11:45 AM - 12:45 PM ARTHRITIS (COVE, L 3- 4- 5)	8:00 PM - 8:45 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)		
4:00 PM - 4:30 PM SEEKERS (L 3)	12:45 PM - 1:45 PM AQUA LOW IMPACT (L 3- 4- 5)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	12:45 AM - 1:45 PM OPEN SWIM (BEACH, COVE)	IMPORTANT NOTE:		
4:15 PM - 8:00 PM	1:45 PM - 4:15 PM OPEN SWIM (BEACH, L 3- 4- 5)		12:45 PM - 1:45 PM AQUA LOW IMPACT (L 3- 4- 5)	While we try to adhere to this schedule, it may change due to unexpected conditions.		
GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	4:15 PM - 8:00 PM			Group, private swim lessons, ability swim lessons, swim team represent paid programming space.		
	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	8:00 PM - 9:45 PM	1:45 PM - 4:15 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	Pool schedule available online at: ymcabhc.org		
		OPEN SWIM (BEACH, COVE, L 3- 4- 5)	4:15 PM - 8:00 PM	BEACH: 0-10 INCH		
			GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	COVE: 3 1/2 FEET		
8:00 PM - 9:45 PM	8:00 PM - 9:45 PM			L= LANE ELEM= ELEMENTS		
OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)		8:00 PM - 9:45 PM	SLIDE ONLY ON DURING DESIGNATED TIMES. (Weekends after 2:00 PM)		
			OPEN SWIM (BEACH, COVE, L 3- 4- 5)	3/1/2024		
OPEN SWIM	ADAAULT GROUP EX/ ARTHRITIS		GROUP SWIM LESSONS	PRIVATE SWIM LESSONS	ABILITY PROGRAM	ELEMENTS AND SLIDE ON