

YMCA OF BUCKS AND HUNTERDON COUNTIES | Fairless Hills

GYM SCHEDULE

April 29 - May 5

Monday 4/29	Tuesday 4/30	Wednesday 5/1	Thursday 5/2	Friday 5/3	Saturday 5/4	Sunday 5/5	KEY
5:00 AM - 6:00 AM OPEN GYM Gym A/B	5:00 AM - 9:15 AM OPEN GYM Gym A/B	5:00 AM - 6:00 AM OPEN GYM Gym A/B	5:00 AM - 8:45 AM OPEN GYM Gym A/B	5:00 AM - 8:00 AM OPEN GYM Gym A/B	7:00 AM - 8:30 AM ADULT PICKUP BASKETBALL Gym A/B	7:00 AM - 8:45 AM OPEN GYM Gym A/B	FREE MEMBER CLASSES
6:00 AM - 8:00 AM ALL LEVEL PICKLEBALL Gym A/B	9:30 AM - 10:10 AM JUMP, RUN, TUMBLE FUN! 0-6 YRS Gym A	6:00 AM - 8:00 AM ALL LEVEL PICKLEBALL Gym A/B	9:00 AM - 10:00 AM KINDERGYM 3-5 YRS Gym A	8:15 AM - 9:00 AM BOOTCAMP Gym B	8:30 AM - 4:45 PM OPEN GYM Gym A/B	9:00 AM - 10:30 AM ALL LEVEL PICKLEBALL Gym A/B	PARENT CHILD (MONTHLY FEE)
8:00 AM - 9:00 AM COURT RESERVE PICKLEBALL Gym A	9:30 AM - 10:15 AM INTERVAL TRAINING Gym B	8:15 AM - 8:45 AM STRENGTH & SCULPT EXPRESS Gym B	8:45 AM - 9:15 AM OPEN GYM Gym B	9:15 AM - 10:15 AM OPEN GYM Gym A		10:45 AM - 4:45 PM OPEN GYM Gym A/B	YOUTH SPORTS (MONTHLY FEE)
9:00 AM - 10:00 AM COURT RESERVE PICKLEBALL Gym A	10:20 AM - 11:00 AM OBSTACLE NINJA 3-5 YRS Gym A	9:00 AM - 9:45 AM SNEAKERS YOGA Gym A/B	9:30 AM - 10:15 AM IMPACT AEROBICS Gym A/B	9:15 AM - 10:00 AM STRENGTH & SCULPT Gym B			GYMNASTICS (MONTHLY FEE)
9:15 AM - 10:00 AM STRENGTH & SCULPT Gym B	10:30 AM - 11:15 AM BARRE Gym B	10:00 AM - 10:45 AM ZUMBA GOLD Gym A/B	10:15 AM - 11:15 AM KINDERGYM 3-5 YRS Gym A	10:30 AM - 11:15 AM SNEAKERS YOGA Gym A/B			YOUTH LEAGUES (MONTHLY FEE)
10:00 AM - 1:00 PM PICKLEBALL LEAGUE Gym A/B	11:30 AM - 1:00 PM ALL LEVEL PICKLEBALL Gym A/B	11:00 AM - 11:45 AM SNEAKERS YOGA Gym A/B	10:30 AM - 11:15 AM OPEN GYM Gym B	11:30 AM - 1:00 PM ADVANCED PICKLEBALL Gym A/B			ADULT LEAGUES (MONTHLY FEE)
1:00 PM - 2:30 PM BEGINNER PICKLEBALL Gym A/B	1:00 PM - 2:30 PM ALL LEVEL PICKLEBALL Gym A/B	11:30 AM - 1:00 PM BEGINNER PICKLEBALL CLINIC Gym A/B	11:30 AM - 1:00 PM ALL LEVEL PICKLEBALL Gym A/B	1:00 PM - 2:30 PM ALL LEVEL PICKLEBALL Gym A/B			ADULT PICKUP SPORTS (FREE MEMBER)
2:45 PM - 4:30 PM OPEN GYM Gym A/B	2:45 PM - 4:45 PM OPEN GYM Gym A/B	1:00 PM - 2:30 PM BEGINNER PICKLEBALL Gym A/B	1:00 PM - 2:30 PM ALL LEVEL PICKLEBALL Gym A/B	2:45 PM - 5:45 PM OPEN GYM Gym A/B			YOUTH FITNESS (MONTHLY FEE)
4:45 PM - 5:45 PM GYMNASTICS LEVEL 1 5+ YRS Gym A	5:00 PM - 5:40 PM POWERPLAY 5-8 YRS Gym B	2:45 PM - 4:45 PM OPEN GYM Gym A/B	2:45 PM - 4:30 PM OPEN GYM Gym A/B	6:00 PM - 8:00 PM TEEN BASKETBALL LEAGUE 7TH-8TH GRADE Gym A/B			FAMILY EVENT (FUN FAMILY FRIDAYS & PARENTS NIGHT OUT)
5:00 PM - 5:40 PM YOUTH BASKETBALL 6-7 YRS Gym B	5:20 PM - 6:20 PM KINDERGYM 3-5 YRS Gym A	5:00 PM - 5:40 PM TEEN DODGEBALL 12-15 YRS Gym B	4:45 PM - 5:45 PM GYMNASTICS LEVEL 1 5+ YRS Gym A				COURT RESERVE PICKLEBALL
5:50 PM - 6:50 PM GYMNASTICS LEVEL 1 5+ YRS Gym A	5:45 PM - 6:25 PM MAJOR LEAGUE SLUGGERS 8-12 YRS Gym B	5:00 PM - 5:40 PM OBSTACLE NINJA 3-5 YRS Gym A	5:00 PM - 5:40 PM YOUTH BASKETBALL 4-5 YRS Gym B				
5:50 PM - 6:30 PM YOUTH BASKETBALL 8-9 YRS Gym B	6:25 PM - 7:25 PM KINDERGYM 3-5 YRS Gym A	5:45 PM - 6:25 PM ATHLETE ACADEMY 10-15 YRS Gym B	5:50 PM - 6:50 PM GYMNASTICS LEVEL 1 5+ YRS Gym A				
6:40 PM - 7:20 PM YOUTH BASKETBALL 10-12 YRS Gym B	6:30 PM - 7:10 PM DODGEBALL 8-12 YRS Gym B	5:50 PM - 6:30 PM OBSTACLE NINJA 6-8 YRS Gym A	5:50 PM - 6:30 PM YOUTH BASKETBALL 7-9 YRS Gym B				
6:55 PM - 7:55 PM GYMNASTICS LEVEL 1 5+ YRS Gym A	7:30 PM - 10:00 PM 18+ ADULT BASKETBALL League Gym A/B	6:30 PM - 7:30 PM YOUTH VOLLEYBALL 10-14 YRS Gym A/B	6:55 PM - 7:55 PM GYMNASTICS LEVEL 1 5+ YRS Gym A				
7:30 PM - 8:00 PM OPEN GYM Gym B		7:30 PM - 10:00 PM 18+ ADULT BASKETBALL League Gym A/B	6:40 PM - 7:20 PM ULTIMATE SPORTS 8-12 YRS Gym B				
8:00 PM - 8:45 PM OPEN GYM Gym A/B			7:30 PM - 10:30 PM 18+ ADULT BASKETBALL League Gym A/B				
						Updated: 4/30/2024	