

Quakertown Branch

LAP POOL SCHEDULE: 4/9/2024-6/9/2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|---|--|---|--|
| 5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6) | 5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6) | 5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6) | 5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6) | 5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6) | 7:00 AM- 9:00 AM SWIM TEAM (Lap L1-2-3) (WW NA) | 7:00 AM- 8:00 AM LAP SWIM (Lap L1- 2-3-4-5) (WW L6) |
| 9:00 AM- 10:20 AM WATER FITNESS CLASSES (Lap L 1) (WW NA) | 9:00 AM- 11:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA) | 9:00 AM- 11:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA) | 9:00 AM- 10:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA) | 9:00 AM- 10:20 AM WATER FITNESS CLASSES (Lap L 1) (WW NA) | 9:00 AM -1:30 PM^ SWIM LESSONS (Lap L 5) (WW L6) | 8:00 AM- 8:50 AM WATER FITNESS CLASSES (Lap L1-2-3-4) (WW NA) |
| 10:20 AM- 10:45 AM Adult Exercise- Social Splash (Lap L1-2-3) (WW NA) | 11:00 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | 11:00 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | 10:00 AM- 10:30 AM Adult Exercise/ Social Splash (Lap L 1-2-3) (WW NA) | 10:20 AM- 10:45 AM Adult Exercise/ Social splash (Lap L1-2-3) (WW NA) | 1:30 PM- 4:30 PM^ LIFEGUARD CLASS (Lap L1-2-3-4) (WW NA) | 8:50 AM- 12:00 PM^ LAP SWIM (Lap L 2-3-4-5) (WW L6) |
| 10:45 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | 5:00 PM- 7:40 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA) | 5:00 PM- 7:40 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA) | 10:30 AM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | 10:45 AM- 5:00 PM* LAP SWIM (Lap L 2-3-4-5) (WW L6) | 4:30 PM- 4:45 PM^ LAP SWIM (Lap L 2-3-4-5) (WW L6) | 12:00 PM- 1:30 PM^ SWIM LESSONS (Lap L 3-4-5) (WW L6) |
| 5:00 PM- 8:00 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA) | 7:40 PM- 8:20 PM SWIM LESSONS (Lap L 3-4-5) (WW L6) | 7:40 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | 5:00 PM- 7:40 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA) | 5:00 PM- 7:30 PM^ SWIM LESSONS/ SWIM TEAM (Lap L 4) (WW NA) | | 1:30 PM- 4:30 PM^ LIFEGUARD CLASS (Lap L1-2-3-4) (WW NA) |
| 8:00 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | 8:20 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6) | | 7:40 PM- 8:45 PM CONDITIONING CLASS (Lap 6) (WW NA) | 7:30 PM- 8:45 PM^ LAP SWIM/ LIFEGUARD CLASS (Lap L 4-5) (WW L6) | | 4:30 PM- 4:45 PM^ LAP SWIM (Lap L 2-3-4-5) (WW L6) |
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updated 4/7/24

IMPORTANT NOTE:
Schedule may change for instances out of our control such as lightning, water contamination, etc.

If you should have any questions please contact the Aquatic Office at (215) 536-8841 ext 3126 or email us at bmusselman@ymcabhc.org

NA = Not Available
WW= Water Walking/Water Exercise
Lap Swimming L= Lanes available for continuous 25 yd. lap swimming

^Lifeguard class dates: 4/20, 4/26-4/28, 5/3-5/5, 5/10-5/11,5/17-5/19
*3:30-4:30pm Pool deck cleaning