MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 6:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 6:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)
(BEACH, COVE, L 3- 4- 5) 8:00 AM - 9:00 AM	6:00 AM - 7:00 AM	(BEACH, COVE, L 3- 4- 5) 8:00 AM - 9:00 AM	6:00 AM - 7:00 AM	8:00 AM - 9:00 AM	8:00 AM - 9:00 AM	(BEACH, COVE, L 3- 4- 5) 8:00 AM -9:00 AM
OPEN SWIM (BEACH- COVE)	OPEN SWIM (BEACH- COVE)	OPEN SWIM (BEACH- COVE)	OPEN SWIM (BEACH- COVE)	OPEN SWIM (BEACH, COVE)	OPEN SWIM (BEACH, COVE, L 3- 4- 5)	OPEN SWIM (BEACH, COVE, L 3)
8:00 AM - 9:00 AM	6:00 AM – 7:00 AM	8:00 AM – 9:00 AM	6:00 AM – 7:00 AM	8:00 AM – 9:00 AM	9:00 AM - 12:00 PM	8:00 AM - 9:00 AM
GENTLE AQUA	AQUACISE	AQUA AEROBICS	AQUA TABATA	AQUA AEROBICS	OPEN SWIM	PRIVATE SWIM LESSONS
(L 3, 4- 5)	(L 3- 4- 5)	(L 3- 4- 5)	(L 3- 4- 5)	(L 3- 4- 5)	(BEACH)	(L 4- 5)
9:00 AM - 9:30 AM OPEN SWIM (BEACH, COVE, L 3, 4- 5)	7:00 AM - 8:00 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM - 9:45 AM OPEN SWIM (BEACH, COVE)	7:00 AM - 8:00 AM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	9:00 AM - 10:00 AM OPEN SWIM (BEACH, COVE)	9:00 AM -12:00M GROUP SWIM LESSONS (L 5)	9:00 AM- 1:00 PM
9:30 AM - 11:45 AM	8:00 AM - 9:00 AM	9:00 AM – 9:45 AM	8:00 AM - 9:00 AM	9:00 AM – 10:00 AM	9:00 AM - 12:00 PM	
OPEN SWIM (BEACH, L 3)	OPEN SWIM (BEACH)	AQUA BALANCE (L 3- 4- 5)	OPEN SWIM (BEACH)	AQUACISE (L 3- 4- 5)	PRIVATE SWIM LESSONS (COVE, L 3- 4)	GROUP SWIM LESSONS ONI (BEACH, COVE, L 3- 4- 5)
9:30 AM – 11:45 AM	8:00 AM – 9:00 AM	9:45 AM- 11:15 AM	8:00 AM – 9:00 AM	11:45 AM - 12:45 PM		1:00 PM -2:00 PM
GROUP SWIM LESSONS ONLY (COVE, L 4- 5)	AQUA YOGA (COVE, L 3- 4- 5)	ONLY UPPER MORELAND PRIMARY SCHOOL (COVE, BEACH, L 3- 4- 5)	AQUA YOGA (COVE, L 3- 4- 5)	OPEN SWIM (BEACH)		OPEN SWIM (BEACH, COVE)
11:45 AM - 12:45 PM	9:30 AM - 11:45 AM		9:00 AM - 9:30 AM	11:15 AM- 12:15 PM	12:00 PM -2:00 PM	1:00 PM - 2:00 PM
OPEN SWIM (BEACH)	OPEN SWIM (BEACH, COVE, L 3)		OPEN SWIM (BEACH, COVE, L 3- 4- 5)	ARTHRITIS (COVE, L 3- 4- 5)	OPEN SWIM (BEACH, COVE, L 3)	PRIVATE SWIM LESSONS (L 3-4-5)
11:45 AM- 12:45 PM ARTHRITIS (COVE, L 3- 4- 5)	9:30 AM – 11:45 AM GROUP SWIM LESSONS ONLY (L 4- 5)	11:15 AM - 12:15 PM OPEN SWIM (BEACH)	9:30 AM – 11:45 AM GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	12:15 PM - 4:00 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	12:00 PM - 2:00 PM PRIVATE SWIM LESSONS (L 4- 5)	
	11:45 AM - 12:45 PM OPEN SWIM (BEACH)	11:15 AM- 12:15 PM ARTHRITIS (COVE, L 3- 4- 5)	11:45 AM - 12:45 PM OPEN SWIM (BEACH)	4:00 PM - 8:00 PM OPEN SWIM (BEACH, COVE)	2:00 PM - 5:30 PM	2:00 PM – 5:45 PM
12:45 PM - 4:15 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	11:45 AM- 12:45 PM ARTHRITIS (COVE, L 3- 4- 5)		11:45 AM- 12:45 PM ARTHRITIS (COVE, L 3- 4- 5)	4:00 PM - 8:00 PM PRIVATE SWIM LESSONS (L 3-4-5)	FAMILY OPEN SWIM (ELEM, SLIDE ON)	FAMILY OPEN SWIM (ELEM, SLIDE ON)
	12:45 AM - 1:45 PM OPEN SWIM (BEACH, COVE)	4:00 PM- 4:30 PM SEEKERS (COVE, L 3)	12:45 AM - 1:45 PM OPEN SWIM (BEACH, COVE)	8:00 PM - 8:45 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)		
4:00 PM- 4:30 PM SEEKERS (L 3)	12:45 PM- 1:45 PM AQUA LOW IMPACT (L 3- 4- 5)	4:15 PM- 7:45 PM	12:45 PM- 1:45 PM AQUA LOW IMPACT (L3-4-5)	IMPORTANT NOTE:	THE SLIDE AND ELEMENT ARE OFF ON 4/20 & 5/4	THE SLIDE AND ELEMENT ARE OFF ON
4:15 PM- 7:30 PM	1:45 PM - 4:15 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	1:45 PM - 4:45 PM OPEN SWIM (BEACH, COVE, L 3- 4- 5)	While we try to adhere to this schedule, it may change due to unexpexted conditions.		
GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	4:15 PM- 7:45 PM		4:45 PM- 7:30 PM	Group, private swim lessons, ability swim lessons, swim team represent paid programming space.		
	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	7:45 PM - 8:30 PM OPEN SWIM (BEACH, COVE, L 4- 5)	GROUP SWIM LESSONS ONLY (BEACH, COVE, L 3- 4- 5)	Pool schedule available online at: ymcabhc.org		
7:30 PM - 8:30 PM SWIM TEAM (L3-4-5)	7:45 PM - 8:45 PM SWIM TEAM (L 3- 4- 5)		7:30 PM - 8:30 PM SWIM TEAM (L 3- 4- 5)	BEACH: 0-10 INCH		
7:30 PM - 8:30 PM PRIVATESWIM LESSONS (COVE)	7:45 PM - 8:45 PM PRIVATESWIM LESSONS (COVE)	7:45 PM - 8:30 PM PRIVATESWIM LESSONS (COVE, L 3)	7:30 PM - 8:30 PM PRIVATESWIM LESSONS (COVE)	COVE: 3 1/2 FEET		
8:30 PM- 9:45 PM	8:45 PM- 9:45 PM	8:30 PM- 9:45 PM	8:30 PM- 9:45 PM	L= LANE ELEM= ELEMENTS		
OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	OPEN SWIM/ LAP SWIM (BEACH, COVE, L 3- 4- 5)	SLIDE ONLY ON DURING DESIGNATE	D TIMES. (Weekends after 2:00 PM)	4/15/2024- 5/5/2024
(, 0012, 20110)	((32101), 0012, 20 1-0)			
OPEN SWIM	ADAULT GROUP EX/ ARTH	RITIS	GROUP SWIM LESSONS	PRIVATE SWIM LESSONS	ABILITY PROGRAM	ELEMENTS AND SLIDE ON